

Pain should no longer be inevitable: UPSA launches the UPSA Pain Institute

While 12 million French people live with chronic pain, and 70% of them do not receive adequate care, UPSA is establishing the UPSA Pain Institute, an independent organization dedicated to training, innovation, and supporting initiatives aimed at tangibly improving patients' lives.

Chronic Pain: a public health emergency still largely overlooked

In 2025, chronic pain remains a major yet silent public health issue:

- 12 million French people suffer from it;
- 70% do not receive truly adequate care;
- fewer than 3% have access to a specialized pain management center;
- waiting times can exceed eight months;
- pain remains the leading reason for general practitioner consultations, accounting for 43% of visits;
- 1 in 2 patients experiences a reduced quality of life;
- 77% of patients would like a comprehensive approach to pain management.

The human and social consequences are significant: isolation, job loss, social exclusion, anxiety disorders, depression, sleep disturbances, cognitive impairments... 70% of chronic pain patients experience psychosocial repercussions.

Pain is not inevitable: it must be recognized, assessed, and managed at every stage of the care pathway.

A historic commitment and a renewed momentum

By establishing the new UPSA Pain Institute, UPSA continues a legacy that began over thirty years ago. The first Institute, founded in 1993, paved the way for improved understanding and training in pain management. In 2025, UPSA is opening a new chapter with a redesigned structure to address current challenges and place the patient at the center of care.

The UPSA Pain Institute: acting with and for patients

The Institute's mission is to place the patient at the center of its efforts by supporting:

- the training of healthcare professionals in new therapeutic approaches;
- the development of non-pharmacological therapies;
- and the support of innovative and nonprofit initiatives that contribute to improved care for individuals living with pain.

Joining forces to combat pain

"Because no one should endure pain in silence, we must act collectively. With the UPSA Pain Institute, we aim to bring healthcare stakeholders together around a shared goal: to tangibly improve the care pathway and quality of life for patients. Our ambition is clear: to harness knowledge, innovation, and energy so that no pain goes unrecognized." Isabelle Van Rycke, President and CEO of UPSA

Sources:

Haute Autorité de Santé (HAS), Care Pathway for Individuals with Chronic Pain, January 2023. French Society for the Study and Treatment of Pain (SFETD), Annual Report on the Management of Chronic Pain in France, 2024.

About the UPSA Pain Institute:

The UPSA Pain Institute is an independent, non-profit corporate foundation whose mission is to propose and support concrete solutions to improve pain management. Its activities include:

- training healthcare professionals in new therapeutic approaches;
- supporting non-pharmacological therapies;
- and backing innovative projects that serve patients.

The Institute is guided by a board of directors and a multidisciplinary scientific committee, ensuring its legitimacy, long-term commitment, and focus on innovation and patient-centered care.

About UPSA:

Founded in 1935, UPSA is a French pharmaceutical company recognized for its expertise in pain and fever management. Based in Agen, it employs 1,700 people and exports over 55% of its production to more than 60 countries. In 2024, UPSA obtained B Corp certification, recognizing companies that meet high standards of social and environmental impact.



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